

# May 2026 Newsletter of the Cape Cod Pro-Life Alliance



## Pro-Life News for the Greater Cape Cod Region

*The Cape Cod Pro-Life Alliance advocates for the most vulnerable; pregnant and parenting moms in need, the elderly and the disabled. All pregnant women are deserving of the love and support needed to nurture their babies while in the womb and after birth. Likewise, all seniors deserve to be treated with dignity and respect at the opposite end of life. Together we can foster a culture that cherishes life from conception through natural death*

### **In the May 2026 Issue:**

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- *Help Us Find a Larger Office and Additional Staff for Your Options Medical*
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- *Saving a Baby Saves the Lives of its Mother, Father and Future Generations*
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## More Babies Saved on the Cape



There are two recent cases of women coming to Your Options Medical (YOM) in Hyannis. Their life situations were very different but in addition to their unexpected pregnancies, they both shared many of the same concerns for their ability to support a child. Too expensive, not the right timing, limited means, not enough help. Just as these very real concerns can push women and their partners to choose abortion, they are also hurdles that can be overcome if people step up to show love and support. The staff at YOM did just that.

After much counseling on the options available to women during and after pregnancy and in one of the cases an ultrasound that clearly showed a baby thriving in the womb, each woman turned away from abortion and embraced life for their child.

Both women testified to the loving care given by YOM. "I am so grateful that I could find a person to talk with who could understand me." and "You guys are so amazing, you helped us decide to keep our baby."

This was only possible thanks to the support of those who give to the Cape Cod Pro-Life Alliance and in turn, the support that the Alliance provides to pregnancy resource centers on the Cape. God Bless the bravery of these moms in the face of life's challenges. God Bless the staff of YOM and all PRCs. God Bless everyone who stands up for life by supporting their efforts.

Contribute to the Cape Cod Pro-Life Alliance at this link:

<https://capecodprolife.org/donate-to-support-the-cape-cod-womans-pregnancy-resource-center/>

Partner with Your Options Medical at this link:

<https://partnersofyom.org/>

## Pregnant? Looking for help? Know someone who is? Please call or text Your Options Medical



Your Options Medical (YOM), with four locations in Fall River, Revere, Hyannis, and Brookline, serves Cape Cod and the greater Boston area by offering holistic services and support during and after an unexpected pregnancy or abortion decision.

YOM's services are provided at no cost. YOM believes each person has the right to get information from a resource that will not profit from their reproductive health choices.

YOM has the pregnancy and abortion answers that women need. YOM has nurses available 24/7 to answer questions by **text or phone at 508-440-4594**, or visit their web site at the link below. All services on the Cape are provided by YOM's Pregnancy Resource Center in Hyannis.

Access YOM services at this link:  
<https://www.youroptionsma.org/>

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## Please Help Us Grow - YOM is Seeking Larger Office Space and Additional Medical Staff



Your Options Medical is seeking a larger office space in Hyannis. If you are aware of any potential locations please contact Joe at 612-430-4225 or [joe.meeks@comcast.net](mailto:joe.meeks@comcast.net). We are happy to investigate any possibility so please do not be shy about referring potential locations to us.

YOM is also seeking to add to its medical staff. If you are a healthcare professional committed to protecting life, you are uniquely positioned to take action and help save

the lives of the unborn. YOM is in need of medical doctors, radiologists, and nurses and nurse practitioners to augment their existing staff. Please prayerfully consider joining the fight for life.

Contact YOM to inquire about medical positions at this link:

<https://partnersofyom.org/babybottles/volunteer/>

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## The U.S. Supreme Court stops New Jersey from Harassing a Pregnancy Resource Center (PRC)

The state of New Jersey was harassing a PRC by forcing disclosure of extensive amounts of confidential information simply because they do not recommend or refer for



abortion. A U.S. Supreme Court decision ended the harassment establishing an important precedent in the ongoing litigation between Your Options Medical and the state of Massachusetts.

Lawyers representing Your Options Medical in its suit against Massachusetts also filed an Amicus Brief supporting the plaintiff in the

Supreme Court case. See details of the complaint and the Court's opinion at the links below.

First Choice PRC Complaint vs New Jersey

<https://assets.adflegal.org/archive/adfm/>

[FirstChoiceWomensResourceCentersComplaint.pdf](#)

Text of the Supreme Court ruling in favor of the PRC

[https://www.supremecourt.gov/opinions/25pdf/24-781\\_pok0.pdf](https://www.supremecourt.gov/opinions/25pdf/24-781_pok0.pdf)

## Saving a Single Baby Saves Many Lives



The abortion lobby is so misdirected - they dismiss any notion of the value and right to life of the unborn. In doing so they also condemn the woman and the father to a life of regret while erasing from the earth future generations who will never come to be.

A landmark study showed that sixty percent of all women who have had abortions later regret their decision.

One of the things you often hear in testimony of men and women who have aborted their babies is their sorrow at never knowing their child, watching them grow up, get married, and have children of their own. It is tragic that fear (and sometimes human selfishness), when faced with an unexpected pregnancy can outweigh an appreciation for the life of a pre-born child in a mother's womb.

Each baby saved is multiplied by also saving current and future generations to come. There are very few missions in life more important than this.

Use this link for a powerful video on the impact of abortion on women and men:  
[https://youtu.be/R1NQOFu7cAc?si=JZQ\\_f1HdDNH1e5Oo](https://youtu.be/R1NQOFu7cAc?si=JZQ_f1HdDNH1e5Oo)

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## Fathers and Grandfathers, Share with Young Men in Your Family



We would still be living in the Garden of Eden if only Adam had the strength to lead and say no to turning away from God. Lets be honest, likewise with abortion, we would not be ending the lives of 1 million babies a year in the U.S. without many cases of men turning away from God by refusing to be accountable to the consequences

of their actions and using women for their own selfish pleasure with zero love or commitment to her or the baby he is responsible for.

Men and women alike are victims of our culture that preys on fear and selfishness and lies about the gift of a life that science and our faith tells us begins at the moment of conception.

Click on the link below to hear powerful testimony from a man who has lived with regret ever since the day he took his girlfriend for an abortion. If only he could have known then what he knows now.

A video that all young men and their fathers should watch:  
<https://youtu.be/QVq6jKljtB0?si=jOSyoDIC98K6q8FK>

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## **An OBGYN Realizes the Horror of Abortion**



Cathy Altman wanted to be a Doctor so that she could help women. Convinced that a woman should have the right to choose, she took a job at a Florida abortion clinic convinced that she was doing the right thing. Watch the video at the link below to learn of her journey from performing abortions to realizing of how terrible abortion is and to finding forgiveness in God's mercy.

Use the link below to hear when an OBGYN realized abortion is evil:

<https://youtu.be/usUgNsZRnZQ?si=CVUo5hi1tNUK2Ccl>

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## **The Truth About Choice - Massachusetts Citizens for Life**

Massachusetts Citizens for Life (MCFL) launched Truth About Choice on the University of Massachusetts Amherst campus. Truth About Choice is a large-scale memorial represented 49,450 lives lost to abortion, in 2024 alone, because of Massachusetts policies (1/2 of which were taxpayer funded out-of-state mail order abortions using chemical abortion pills).

The display, the first of its kind in the state, presented more than 24,000 lifelike fetal models arranged to reflect the scale and prioritization of abortion in the Commonwealth. Several massive photo banners depicted an additional 25,000 models.



Both pro-life and pro-abortion attendees arrived; all were visibly moved by what they saw across the lawn. MCFL President Myrna Maloney Flynn told them, "you cannot legislate love. And love is the only way to serve women in need and save innocent lives. Until our electorate experiences a radical change of heart, legislators will continue to worship abortion on demand."

MCFL aims to trigger an earthquake within the culture that opens eyes, prompts conversion and, one day, results in better-informed legislators who enact pro-life protections on Beacon Hill. Click on the link below to learn more about this impactful initiative.

Go to this link to learn more about the MCFL and its program, Truth About Choice  
[https://www.masscitizensforlife.org/truth\\_about\\_choice?utm\\_campaign=tac\\_umass\\_recap&utm\\_medium=email&utm\\_source=mcfl](https://www.masscitizensforlife.org/truth_about_choice?utm_campaign=tac_umass_recap&utm_medium=email&utm_source=mcfl)

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## Cape Cod Pro-Life Alliance at the National Day of Prayer



The Alliance was well represented at the National Day of Prayer held the first Thursday of May on the Village Green in Hyannis. Christians from across the greater Cape Cod area attended to Pray for our Country and celebrate the 250 years since its founding.

At one point in the celebration, all attending broke up into

seven prayer groups to pray for important areas of influence in our lives: Church, Family, Military, Government, Education, Media & Arts and Business.

When praying for our Government, for example, we prayed that our politicians recognize the science that life begins at conception and affords the pre-born the same legal protections to life, liberty and happiness guaranteed to all Americans by our founding documents and that such life is to be respected through to natural death.

Go to this link for video highlights of the 2026 Hyannis National Day of Prayer  
<https://www.instagram.com/kingdomchurchcc/reel/DYDr2NciGuW/>

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## Please Continue to Share the Truth about Abortion Pills

In recent conversations with women, including a nurse practitioner and a nurse, we were surprised at the lack of knowledge for how the widely promoted abortions pills (aka chemical abortion), actually work. These women were visibly disturbed by the



facts that chemical abortion first starves the unborn baby to death, then expels it from the women's womb, all in the isolation of her own home with zero medical support. The expelled baby most often suffers the indignity of being flushed down a toilet.

Fully 10% of all women using chemical abortion experience severe adverse health consequences requiring emergency medical attention. In most cases the pills are obtained without any medical evaluation and zero follow-up. Severe adverse reactions, including taking the pills in the event of an ectopic pregnancy, can lead to a woman's death.

Go to the link below for more information about the harm of chemical abortion pills:  
<https://thisischemicalabortion.com/>

## Walking with Mom's Visits the Cape Cod Mall



The Walking with Mom's ministry at St. Francis Xavier Church in Hyannis completed its 3rd annual Mother's Day pilgrimage to the Cape Cod Mall. Representatives set up a table to engage shoppers and promote the assistance they give to pregnant and parenting Mom's working with partners across Cape Cod that are faithful to Christian principles. This year members of St. Francis Xavier Church were joined by students from John Paul II school in sharing the good news about life and the many organizations supporting women and children on Cape Cod.

Call the Walking with Mom's confidential help line at 774-534-2185 if you are a pregnant or parenting mom needing assistance and unsure where to turn.

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## Cape Cod Pro-Life Alliance at the Attleboro Walk for Life



Members of the Cape Cod Pro-Life Alliance participated in the 3rd Annual Walk for Life. The walk followed a round trip between The National Shrine of Our Lady of La Salette in Attleboro and an Attleboro abortion clinic. The most recent data published on abortion shows that the Attleboro clinic performed 2,003 abortions in 2024. If there was ever a place that prayers are needed, this is the place. There

was significant growth in attendees from last year. The Alliance looks forward to supporting this walk again in 2027.